

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Den Broeck Dennis

Coaches: Bruggemans Suzanne HEADCOACH

Coaches: Van Den Broeck Michaël

Coaches: Okens Jari

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:3, starttime: 14:37
Heat: 3/20 Lane : 3 Athlete: NUYTKENS MARIE					Q-time: 02:49:96
PB (50m pool): 02:49.96 Aalst 26/04/2026			PB (25m pool): 02:45.05 SB: 02:49.96 Aalst 26/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.86	01:18.07	02:11.64	02:49.96	
	00:34.86	00:43.21	00:53.57	00:38.32	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:12, starttime: 15:06
Heat: 12/20 Lane : 7 Athlete: VAN HOOMISSEN CHELSEA					Q-time: 02:44:24
PB (50m pool): 02:55.42 Molenbeek 01/02/2026			PB (25m pool): 02:44.24 SB: 02:55.42 Molenbeek 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:55.42	
	no time				
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:11, starttime: 16:08
Heat: 11/19 Lane : 3 Athlete: SEGHERS MILLA					Q-time: 01:36:76
PB (50m pool): 01:36.76 Gent 08/02/2026			PB (25m pool): 01:38.51 SB: 01:36.76 Gent 08/02/2026		
	5 0 M	1 0 0 M			
PB	00:48.92	01:36.76			
	00:48.92	00:47.84			
					

Coach feedback:

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Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:9, starttime: 16:44
Heat: 9/11 Lane : 5 Athlete: DE ROOS KASPER			Q-time: 01:28:11
PB (50m pool): 01:28.11 Antwerpen 08/03/2026			PB (25m pool): 01:27.39 SB: 01:28.11 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:41.67	01:28.11	
	00:41.67	00:46.44	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:2, starttime: 16:52
Heat: 2/16 Lane : 7 Athlete: NUYTKENS MARIE			Q-time: 01:07:48
PB (50m pool): 01:07.48 Antwerpen 15/03/2026			PB (25m pool): 01:05.57 SB: 01:07.48 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.50	01:07.48	
	00:32.50	00:34.98	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:4, starttime: 16:55
Heat: 4/16 Lane : 3 Athlete: VAN HOOMISSEN CHELSEA			Q-time: 01:06:63
PB (50m pool): 01:07.58 Antwerpen 15/03/2026			PB (25m pool): 01:06.63 SB: 01:07.58 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.47	01:07.58	
	00:32.47	00:35.11	
			

Coach feedback: